Intubation Prep

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For information only. Created by the Junior League Family Resource Center.
Doctors, nurses, and other helpers will come to your room. They will be wearing hospital clothes, masks, and hats to keep you clean and safe.
The doctors will bring a new machine into your room. They will use it to help your body breathe.
The doctors may help you lay down in your bed.
The doctors will give you sleepy medicine to keep you comfortable. You will not see, hear, or feel anything.
While you are asleep, the doctors will place a tube in your mouth that will help your body get air from the breathing machine.
The tube in your mouth will help your body get the air it needs. The tube will connect to a machine that will give your body extra air.
When you wake up, your body might feel tired or uncomfortable. Let us know what you feel and how we can help you.

**PAIN MEASUREMENT SCALE**

- **NO PAIN**
- **MILD PAIN**
- **MODERATE PAIN**
- **SEVERE PAIN**
- **VERY SEVERE PAIN**
- **WORST PAIN IMAGINABLE**

0-10

- NO HURT
- HURTS LITTLE BIT
- HURTS LITTLE MORE
- HURTS EVEN MORE
- HURTS WHOLE LOT
- HURTS WORST

**VANDERBILT HEALTH**
Your breathing machine will make sounds like ocean waves or like someone breathing out a big puff of air. Sometimes your machine will make alarm sounds, which help the nurses and doctors know when you need more or less air.