Extubation Prep

Monroe Carell Jr. Children's Hospital at Vanderbilt



For information only. Created by the Junior League Family Resource Center.

Doctors, nurses, and other helpers will come to your room. They will be wearing hospital clothes, masks, and hats to keep you clean and safe.



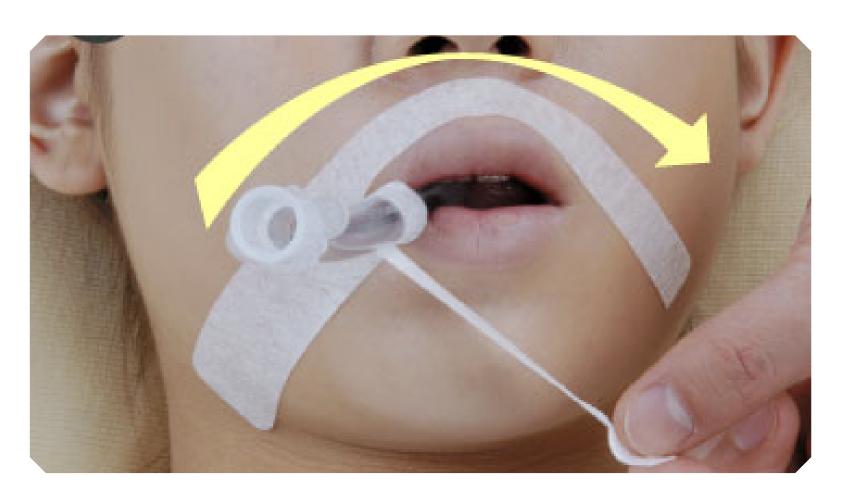


The doctors and nurses will bring a machine in your room called vapotherm. It will help you breathe cool, wet air through your nose once the tube in your mouth has been removed.





When it is time to take out the breathing tube, the nurse or doctor will help take off the tape and bandages that have kept it in place.





Right before the breathing tube comes out, we will suction your breathing tube one more time. This may make you cough, which will help the breathing tube come out easily.





After the tube comes out, breathing might feel a little different. It might feel hard at first, or you might need to cough.





You may need a short, small tube in your nose to help you get the cool, wet vapotherm air. You might need it for a few hours or a few days.





After your breathing tube is removed, and you have your new vapotherm air, your most important job is to rest.



